

Monday Week beg 21 st Dec	Tuesday 22nd Dec	Wednesday 23rd Dec	Thursday Christmas Eve	Friday Christmas Day	Saturday Boxing Day	Sunday 27 th Dec
Monday Check- In 10am ID: 833 8559 8923		Wednesday Coffee 10am ID: 813 5662 4258		Christmas Day Coffee 10am ID 812 6561 5332		
A & Crafts In House Blantyre 11-1pm	Health Issues In Community Training In-house 10-3pm		Christmas Eve Brunch Check In 12am ID: 884 4215 4449			
	Recovery Meeting Inhouse at Cambuslang Beacon Time 3pm-4:30pm	My Support Day Family Support In house Cambuslang 10-11:30am	AIF: 11-12pm			Volunteers Catch Up Session Online 12-3pm
				Recovery Meeting Online 1:30-3pm. ID: 830 8049 9466		
Men's Group Online Evening Time 6-7:30pm ID: 865 5347 4066	My Support Day Support Group Online 6:30 ID: 523 775 959					
		Women's Group Online 12:30-2pm ID: 884 0391 2158				

All online session on ZOOM- ID numbers in red. Watch Facebook and Twitter for updates and codes. All in house activities have to be booked in advance due to guidance and restrictions. Please call 01698 755926 or email to make a booking admin@thebeacons.org.uk